



# Fachbereich Philosophie

Fachbereichskolloquium  
Wintersemester 2018/19

18:15 bis 19:45, G 307

Im Rahmen des PHILOSOPHISCHEN KOLLOQUIUMS findet am  
**Donnerstag, 14. Februar**, folgender Vortrag statt:

***Dr. Dorothea Debus***  
**University of York/Universität Konstanz**

## **Being at One With Oneself On the Value of Mental Self-Regulation**

The present paper considers axiological implications of the claim that subjects sometimes can and do engage in 'mental self-regulation', that is, that subjects sometimes can be, and sometimes are, actively involved with their own mental lives in a goal-directed way. I first consider various different and important ways in which a subject's ability to engage in mental self-regulation is of instrumental value. In the second part of the paper, I then argue that a subject's ability to engage in mental self-regulation is also valuable for its own sake, because in engaging in mental self-regulation, the subject is 'at one with herself' and our 'being at one with ourselves' (or, in the terminology used by others, our having a 'sense of ownership' of our own mental lives) is valuable for its own sake.

Alle Interessierten, insbesondere auch Studierende, sind herzlich eingeladen.

nächster Vortrag im Sommersemester 2019  
Wir wünschen allen eine erholsame vorlesungsfreie Zeit.

